

Country Garden Crystals

March 2024 Newsletter



"In March, winter is holding back & spring is pulling forward.
Something holds and something pulls inside of us too."

– Jean Hersey

We talk about the power of releasing the old so that the new can come in, but we rarely talk about the moments in-between, the small steps that are taken daily that push us closer to our goals, and the small setbacks that challenge us but ultimately help us grow and go further than we originally thought possible. This month, listen to the advice of March and embrace the healing energy of Spring – with its gentle movements, slow thaws, and quick hints of warmth and better things to come, it's the perfect daily reminder that each step (whether forward or back) has a purpose and that everything is going according to the divine plan.



Harnessing the calming energy of water, Owyhee Blue Opal balances one's emotions and releases stress and fears. Connected to your Throat Chakra, this stone of communication boosts your confidence and aids in getting your point across. Working with Blue Opal boosts your intuition and connects you to your angels and guides

A delicate stone, Crackle Quartz is created when regular Clear Quartz is heated and then rapidly cooled, creating cracks throughout the stone that shine rainbows and remind us that there is great beauty in one's "flaws" - symbolizing inner strength and the ability to overcome.



Venture Into the Lonely Woods and "find the greatest gift of all - your true self", this 45-card oracle deck is designed to help you step back from the busyness of life, offering a quiet space to retreat to for healing, insight,

and growth. Journey to your "inner wildness" and discover yourself again. Created by Lucy Cavendish with artwork by Dan May, this gorgeous deck acknowledges that sometimes we need to slip away into the woods... to find the hidden pathways lit by fairy lights, guiding us home.

A stone of strength, Black Spinel helps one overcome difficult times and clears away stress, sadness, and anxiety. It provides emotional stability, boosts self-confidence, and enhances one's intuition (it's an excellent meditation stone!). Black Spinel helps heal the body as a whole and brings with it a sense of calm and deep inner peace.



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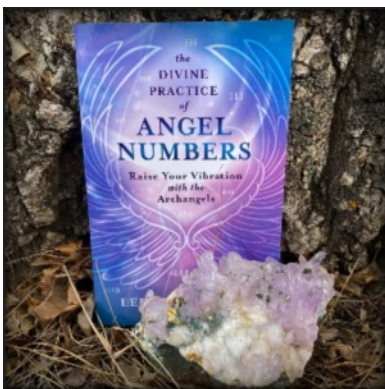
Our soul is constantly speaking to us through our dreams and it's time to unlock the hidden messages with the Dream Oracle! Exploring 53 of the most common dream symbols with a guidebook that contains a message, mantra, and meaning for each card. Providing in-depth insights whether you're a vivid dreamer or

just recalling pieces, this deck will help you tap into your dreams for inspiration and guidance.

Throughout our history, animals have long held places within our myths and legends. Offering insight and direction, Stacey Demarco has artfully combined these myths with powerful images within her Divine Animal Oracle to guide, support, and reconnect us to the healing power of nature and all she holds. Full of lessons, this oracle deck is sure to inspire healing, growth, and positive change.



Your angels are constantly sending guidance and reassurance, offering insight that will assist in raising your vibration and help



you find and follow your soul's path. The Divine Practice of Angel Numbers explains the blessings and messages sent from the angelic realm - diving into the meaning of specific power numbers. Learn more about the support your angels are sending and tap into their healing energy to assist in letting go and increasingly your overall joy and well-being. Each number that is explored in this guide is connected to an angel, shared with a meditation, a prayer of connection, and given a deeper description for the messages being sent.

A crystal of divination and spiritual light, Prophecy Stone opens the Crown Chakra and anchors divine energy into your body (physical, spiritual, and emotional). A combination of grounding, stabilizing energy and spiritual light that nurtures and heals the soul.



Our angels are always with us, offering support and guidance as we move through our lives - but sometimes, it can be easy to miss the signs. With powerful and transformative artwork, The Angel Guide Oracle by Kyle Gray brings forward the

energy and healing messages of 44 guardian angels. Discover how easy it is to connect to your own angel team through this incredible deck and watch as you are able to make gentle shifts within your life with this angelic guidance, allowing you to feel more aligned with yourself, your goals, and your life's purpose.

This incredible oracle card deck is designed to help us reconnect to the Higher Spirits of Nature that hold a message of a deep, enduring truth: that we are all One. We are all connected - every living thing on this earth shares a unified consciousness.



The Spirit Animal Oracle shares messages around "awakening your partnership with spirit", helping you better navigate your life and move beyond our perceived limitations, tuning into our infinite potential.

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Angel Card Readings with Charlene Money AGP/AAEP

In Person Readings - Cost \$78.00/hr.

Zoom Readings - Cost \$78/hr.

Call the shop at 403-946-5802 or email
countrygardencrystals@gmail.com
to book a reading.

Wanting to learn more about your Angels?
Checkout our "Connecting with your Angels" Workshop.
Charlene is the creator of the four day Angelic Guidance
Practitioners Certification course; she has been a certified Advanced
Angel Empowerment Practitioner since 2010.

Winter/Spring Workshops at Country Garden Crystals

Visit our website calendar for class updates

See end of newsletter for more details on each class or send us an email for more
information!

Our classes are limited, please call/email early to register.

All workshops require a non-refundable deposit at time of registration

We offer private classes and workshops to groups of a minimum of 6, please get in touch if you are interested! .

NEW Meaningful Meditation Level I – Alexzandra Dizes

Thurs, Mar 14/2024 (6:30pm – 9:30pm) Cost \$65.00/gst

Non-refundable Deposit \$25.00

Angelic Healing Practitioner's 3 Day Certification – Charlene Money

Fri, Sat, Sun, March 15,16,17/2024 (10:00am – 4:30pm) Cost \$444.00/gst Non-refundable deposit of \$100.00

Chakra Healing – Working with your Chakras – Charlene Money

Thurs, Mar 21/2024 (6:30pm – 9:30pm) Cost \$65.00/gst

Non-refundable Deposit \$25.00

Spirit Animal Journey 'Discover your Power Animal' – Maureen Durant

Mon, Mar 25/2024 (6:30 – 9:30pm) Cost \$65.00/gst

Non-refundable Deposit \$25.00

Intro to Crystals Workshop – Charlene Money

Thurs, Mar 28/ 2024 (6:30pm – 9:30pm) Cost \$65.00/gst

Non-refundable Deposit \$25.00

Class list
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NEW Meaningful Meditation Level II – Alexzandra Dizes

Thurs, April 4/2024 (6:30pm – 9:30pm) Cost \$65.00/gst Non-refundable Deposit \$25.00

Usui Reiki (Holy Fire III) Advance & Master – Maureen Durant

Fri, Sat, Sun, April 12,13,14/2024 (10:00am-4:30pm) Cost \$465.00/gst Non-refundable Deposit \$100.00

NEW Meditation Monday – Charlene & Alexzandra

Mon, April 15/2024 (6:30pm – 9:30pm) Cost \$22.00/gst Space will be limited please register early

Connecting with Your Angels – Charlene Money

Sun, April 20/2024 (10:00am – 4:30pm) Cost \$121.00/gst Non-refundable Deposit \$25.00

Clearing, Smudging, & Blessing Level I – Maureen Durant

Sat, April 21/2024 (1:00pm-3:00pm) Cost \$65.00/gst Non-refundable Deposit \$25.00

Full Moon Workshop Part I – Charlene Money & Alexzandra Dizes

Mon, April 22/ 2024 (6:30pm – 9:30pm) Cost \$98.00/gst Non-refundable Deposit \$25.00

(New Moon Workshop Pt II – Charlene Money & Alexzandra Dizes

Mon, May 6/ 2024 (6:30pm – 9:30pm)

Crystal Grid Workshop – Charlene Money

Thurs, April 25/2024 (6:30 – 9:30pm) Cost \$78.00/gst Non-refundable Deposit \$25.00

Meaningful Meditation Level I – Alexzandra Dizes

Thurs, April 26/2024 (6:30pm – 9:30pm) Cost \$65.00/gst Non-refundable Deposit \$25.00

Reiki Drumming Certification Workshop – Maureen Durant

Sat & Sun, April 27 & 28/2024 (10:00am-4:30pm) Cost \$424.00/gst

Pre-requisite: Usui Reiki Level III (Advance & Master) Non-refundable Deposit \$100.00

Airdrie Chamber of Commerce Home & Lifestyle Show

Sat & Sun April 27 & 28 (9:00am-5:00pm & 10:00am-4:00pm)

Stop by for a visit if you are out and about in Airdrie

Strawberry Tea Leaf Reading – CGC

Sun, May 5/2024 (2:00pm – 4:00pm) Cost \$42.00/gst Non-refundable Deposit \$25.00

New Moon Workshop Pt II – Charlene Money & Alexzandra Dizes

Mon, May 6/ 2024 (6:30pm – 9:30pm)

Karuna (Holy Fire III) Reiki Practitioner/Master Certification – Maureen Durant

Fri, Sat, Sun, May 10,11,12/2024 (10:00am-4:30pm) Cost \$630.00/gst Non-refundable Deposit \$100.00

NEW Meditation Monday's – Charlene & Alexzandra

Mon, May 13/2024 (6:30pm – 8:00pm) Cost \$22.00/gst Space will be limited please register early

Chakra Healing – Working with your Chakras – Charlene Money

Thurs, May 16/2024 (6:30pm – 9:30pm) Cost \$65.00/gst Non-refundable Deposit \$25.00

Class list
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Angel Card Reading Workshop – Charlene Money

Sun, May 19/ 2024 (10:00am-4:30pm) Cost \$111.00/gst

Non-refundable Deposit \$25.00

Spirit Animal Journey 'Discover your Power Animal' – Maureen Durant

Thurs, May 23/2024 (6:30 – 9:30pm) Cost \$65.00/gst

Non-refundable Deposit \$25.00

Shamanic Healing Methods Part I – Maureen Durant

Sat & Sun, May 25,&26/2024 (10:00am-4:30pm) Cost \$185.00/gst
Part II – June 22 & 23

Non-refundable Deposit \$100.00

Meaningful Meditation Level II – Alexzandra Dizes

Fri, May 24/2024 (6:30pm – 9:30pm) Cost \$65.00/gst

Non-refundable Deposit \$25.00

Clearing, Smudging & Blessing Level I – Maureen Durant

Thurs, May 30/2024 (6:30-9:30pm) Cost \$65.00/gst

Non-refundable Deposit \$25.00

Advance Clearing, Smudging, & Blessings Workshop – Maureen Durant

Sun, June 2/2024 (10:00am-4:30pm) Cost \$125.00/gst
Pre-requisite: Clearing, Smudging & Blessings Level I

Non-refundable Deposit \$25.00

Kosha Workshop -4 Week Program – Jillian MacKenzie

Thurs, June 6,13,20,27/ 2024 (6:30-9:30pm) Cost \$444.00/gst

Non-refundable Deposit \$100.00

Human Design Workshop – Jillian MacKenzie

Sat, June 8/ 2024 (10:00am-4:30pm) Cost \$133.00/gst

Non-refundable Deposit \$25.00

Please visit our website www.countrygardencrystals.ca go to calendar for class info and updates.

Space is limited for classes so please register early to ensure a spot by calling: (403)946-5802 or emailing: countrygardencrystals@gmail.com

Store Hours: Thurs thru Mon 10:00am-5:00pm (Closed Tues & Wed)

If you have a group and are interested in a private class let us know.

Sign up for our monthly newsletter for new products and upcoming workshops.

Like us on Facebook www.facebook.com/countrygardencrystals Follow us on Instagram



**Have a wonderful
month!**

Laura & Charlene

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Classes & Workshops Available At Country Garden Crystals

We are also offering private classes; please get in touch if you are interested!
Listed are a few of the classes that we offer, if you don't see the course that you are interested in,
please send us an email!

Angelic Healing 3 Day Certification Course (Levels I, II, & III): ~ Charlene Money

This is a 3 day class that dives deep into self-healing and growth. We learn about Sacred Space and how to incorporate it into your daily life, spiritual work, or career. You will meet 16 archangels, receive healing and divine guidance from each of them, as well as connect to the Divine Feminine (who is split into three separate energies, all of whom you meet and receive personal and spiritual healing from). You learn about Angelic Healing (a unique form of healing that can be used like a "journey" or meditation, or that can be anchored into a space/person/crystal), but the main intention of the class is personal connection – to reconnect you to yourself (for healing and self-love), your angels, and your trust in the universe and yourself.

Angel Card Reading Workshop: (Pre-requisite: Connecting with Your Angels) ~ Charlene Money

One of the easiest ways to receive messages from your angels is through cards. Oracle Cards are designed to open the doorway between us and the angelic realm – offering guidance, support, and healing lessons. This class was created to help those who wish to connect to their angels more clearly learn how to use this powerful tool of communication for themselves and friends.

Chakra Healing Workshop – Working with your Chakras – Charlene Money

An in-depth look at your chakras: how they feel when they're imbalanced or close, how to create balance in your daily life, how to open and clear their energy and why you'd want to, and so much more. A wonderful class for anyone seeking to understand themselves and their loved ones on a deeper, spiritual level.

Clearing, Smudging, & Blessing Your Home & Workplace Level I – Maureen Durant

In this 3 hour class you will learn the basics of cleansing and blessing your home, vehicle, or office with the help from sacred plants such as sage, sweet grass, cedar, copal, and Palo Santo wood. Blessing your home helps to establish positive energy, clear thinking, harmony of thoughts and emotions and enhances healing.

Connecting with your Angels Workshop: – Charlene Money

An introductory course on the wonderful world of angels! This is a one day course full of information around connecting and communicating with the angelic realm, including: a deeper understanding of Chakras and how to work with them to support your angelic connection, discovering why grounding is the secret to truly "hearing" your angels and your own intuition, how to clear your energy and shield yourself from "energy vampires", and so much more!

Crystal Workshop – Sacred Gifts from Mother Earth – Charlene Money

In this workshop you will learn how the energy of crystals can work for you, including: how to choose a crystal (for yourself, others, and for specific healing), how to clear and program your crystals, and why you want to set intention into your stones. As well as the difference between pocket stone energy vs. pyramid, sphere, or points (single and double terminated), why you wear some stones and have others simply placed in your space, which crystals will benefit your chakras as well as help you sleep, and many other tips and tricks to working with crystal energy!

Crystal Grid Workshop: ~ Charlene Money

Crystal Grids are powerful tools of intention and manifestation, and in this class you will discover easy tips and tools on building your own grids. In this course we will walk you through the process of choosing your stones, clearing and setting intention, activation, where to place them, as well as discuss the difference between a simple grid and a more complex one, why your centre stone's shape matters, and more! Discover how to grid to remove headaches, get your dream job, sell your house, bring in love or abundance, protect your space, how to create a healing grid for someone else... grids have unlimited potential - come experience their energy!

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Further Exploration to the Shamanic Journey – Maureen Durant

Pre-requisite: Journey Works workshop

Meeting & Working with our Spirit Animals:

An updated version of our Drum Journey & Totem Animals workshop, this course teaches you the differences between these powerful guides, how to recognize them when they show up in our awareness, and how they communicate to guide us. As we develop our relationships with them, they step forward to enhance our lives and offer guidance as we move down our path. You will learn the timeless and ancient practice known as journeying, or “The Shamanic Journey”, and develop your ability to explore your perception beyond the five physical senses, entering a state of awareness that sets the stage for spiritual connection and communication. In this class we will guide you through

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a journey to find your personal Power Animal, from which access to spiritual guides, teachers, and animal totems becomes possible. Once mastered, journeying becomes a tremendous resource within our lives, a place of spiritual growth and deep inner understanding.

Spirit Animal – Journey Workshop – Maureen Durant

Usui Reiki (Holy Fire III) Level I & II Certification: ~ Maureen Durant

A hands-on technique that has been practiced for hundreds of years and is used for healing the whole person on a physical, emotional and spiritual level. Learn the first 3 symbols as well as how to send healing energy over distance and through time! Usui Reiki is a simple, yet powerful, tool that can be used to open your natural healing abilities.

Usui Reiki (Holy Fire III) Advanced (Level III) & Masters:

In this course you will be introduced to new Reiki symbols, as well as gain a deeper understanding of spiritual healing and the benefits it offers. As a Reiki Master you will then be able to pass this healing along, sending powerful vibrations into the universe, creating positive change all around you. You will receive instruction on how to give Reiki Attunements for yourself and others (for Usui Reiki Levels I, II, III, & Masters). Time will be spent working on lesson plans, creating healing meditations for your clients, and learning how to facilitate a full 60 minute treatment for others.

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“Strawberry Tea” Tea Leaf Reading

Hosted by Country Garden Crystals

Tea Leaf Reading has been passed down
through generations for centuries.

Learn how to identify symbols and interpret
messages after enjoying a freshly brewed cup of
tea. You maybe surprised by what the leaves
in your cup reveal to you!

Sunday, March 3rd

2:00pm – 4:00pm

Cost \$42.00/gst

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